

KIDS FOOD GAMES!

Get your kids engaged with food in different ways, print off these activity sheets and encourage them to play with food!

GOOD LITTLE
EATERS 

COUNT THE PEAS



Practice your counting skills by sorting defrosted peas into each circle!

1

2

3

4

5

6

7

8

9

10

Tip: Put the paper in a plastic sleeve to protect it!



RED



**ORANGE/
YELLOW**



GREEN



**WHAT COLOUR
IS THAT?**

Sort the fruit and veggies into the correct colour groups!



**BLUE/
PURPLE**



**BROWN/
WHITE**

LET'S MAKE FACES

Make a face out of food on your plate!

Suggested Ingredients

- Grated Carrot
- Cucumber rounds
- Capsicum Slices
- Blueberries
- Wraps
- Spiral pasta
- Strawberries
- Corn
- Cherry Tomatoes
- Alfalfa Sprouts

